

Verifying Your Insurance Coverage for Medical Nutrition Therapy (MNT)

How to start the conversation with you insurance company:

Step 1: “I am seeing Samantha Huber, Registered dietitian for (diagnosis name and International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10) code *from your physician* **OR ICD-10 code Z71.3 for preventative services** *if code was NOT given by physician*)

Step 2: “The dietitian will use Current Procedural Terminology (CPT) codes 97802 and 97803

Step 3 (Questions to ask):

- “Do I have coverage for Z71.3 (or diagnosis code given by MD) preventative nutrition services?”
- “How many visits do I have per calendar year under the code Z71.3 (or diagnosis code given by MD)?”
- “Do I need a referral? How do I get one? How is it sent to Samantha Huber, Registered Dietitian?”
- “Do I have a deductible or copayment? If so, what is it?”
- “Does my insurance cover telehealth visits?”
- “Are there any other limitations or information I should know on my policy to see Samantha Huber, Registered Dietitian?”